



# DECEMBER 2018 – CALENDAR OF CLASSES

For more information and registration call **714.352.3400**

**MOMS Orange County will be closed from December 20<sup>th</sup> -January 1st**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sun
					1 9:00 am – 3:00 pm Preparación Parto
3  3:00 Mami & Yo #3 (12-17 meses)  6:00 Mis Padres y Yo #3 (3-5 months)  6:00 pm Lactancia #1	4  9:30 Mami & Yo #5 (6-11 meses)  <u>Miraloma FRC/Anaheim</u> 1:00 Mami & Yo #5 (12-17 meses)  6:00 Prenatal #1	5  3:30 Mommy & Me #5 (6-11 months)  <u>Downtown Anaheim FRC</u> 6:00 Preparación Parto	6  10:00 Lactancia #1 <i>Childcare Provided</i>  1:00 Mami & Yo #4 (12-17 months)  3:30 Mommy & Me #4 (12-17 months)  6:00 Preparación Parto	7  10:00 Mami & Yo #4 (6-11 meses)  10:00 Grupo de apoyo Lactancia materna  1:00 Mami & Yo #4 (3-5 months)  3:30 Mami & Yo #4 (3-5 months)	8
10  3:00 Mami & Yo #4 (12-17 meses)  6:00 Mis Padres y Yo #4 (3-5 months)  6:00 pm Lactancia #2	11  9:30 Mami & Yo #6 (6-11 meses)  <u>Miraloma FRC/Anaheim</u> 1:00 Mami & Yo #6 (12-17 meses)  6:00 Prenatal #2	12  3:30 Mommy & Me #6 (6-11 months)  <u>Downtown Anaheim FRC</u> 6:00 Preparación Parto	13  10:00 Lactancia #2 <i>Childcare Provided</i>  1:00 Mami & Yo #5 (12-17 months)  3:30 Mommy & Me #5 (12-17 months)  6:00 Preparación Parto	14  10:00 Mami & Yo #5 (6-11 meses)  10:00 Grupo de apoyo Lactancia materna  1:00 Mami & Yo #5 (3-5 months)  3:30 Mami & Yo #5 (3-5 months)	15
17  3:00 Mami & Yo #5 (12-17 meses)  6:00 Clase de Porta-bebé  6:30 Taller para Papás	18  9:30 Mami & Yo #7 (6-11 meses)  <u>Miraloma FRC/Anaheim</u> 1:00 Mami & Yo #7 (12-17 meses)  6:00 Prenatal #3	19	20	21	22
24	25	26	27	28	29



## Education Department – Class Descriptions

### Martha

Class	# of Classes	Length/Class	Location	Childcare
Breastfeeding	2	2 hours	MOMS / AM	YES
Breastfeeding	2	2 hours	MOMS / PM	No
Breastfeeding	2	2 hours	Downtown Anaheim Community Center 250. E. Center St. (every other month)	No
Breastfeeding	1	2.5 hours	Camino Health Center 30300 Camino Capistrano, SJ Capistrano	No

### Gaby

Class	# of Classes	Length/Class	Location	Childcare
Mommy & Me	8	1.5 hours	MOMS	No
My Parents & Me	4	1.5 hours	MOMS	No
Mommy & Me Outside Locations	8	1.5 hours	Downtown Anaheim Community Center 250. E. Center St.	No
			Ponderosa FRC, 320 E. Orangewood Ave. Anaheim	No
			Haskett Library, 2650 W Broadway, Anaheim	No
			Miraloma FRC, 2600 E Miraloma Way, Anaheim, CA 92806	No
			Costa Mesa FRC, 307 Placentia Ave., Suite 203, Newport Beach	No
			Westminster FRC, 7200 Plaza St.	No
			WIC / Stanton, 12600 Beach Blvd A1	No
			WIC / Santa Ana, 1134 E. 17 <sup>th</sup> Street	No

### Juan

Class	# of Classes	Length/Class	Location	Childcare
Prenatal	3	2 hours	MOMS	No
Childbirth Preparation	4	2 hours	MOMS	No
Childbirth Preparation	1	6 hours	MOMS / Saturday	No
Childbirth Preparation	4	2 hours	Downtown Anaheim Community Center 250. E. Center St	No
Childbirth Preparation	4	2 hours	Costa Mesa FRC, 307 Placentia Ave., Suite 203, Newport Beach (every other month)	No
Taller Para Papás	1	3 hours	MOMS / PM	No