



AUGUST 2019 – CALENDAR OF CLASSES

For more information call **714.352.3400**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 1:00 Mami & Yo #4 (12-17 months) 3:30 Mommy & Me #4 (12-17 months) 6:00 Preparación Parto #1	2 9:30 Mami & Yo #4 (12-17 meses) 10:00 Grupo de apoyo Lactancia 1:30 Mami & Yo #4 (6-11 months)	3 Preparación Parto 9:00 am – 3:00 pm
5 1:30 Mami & Yo #5 (3-5 meses) 3:30 Mami & Yo #5 (3-5 meses) 6:00 My Parents & Me #1 (3-5 months)	6 9:30 Mami & Yo #5 (6-11 meses) <u>Costa Mesa FRC</u> 1:00 Mami & Yo #5 (12-17 meses) 6:00 Prenatal #1 6:00 Lactancia #1	7 3:00 Mommy & Me #5 (6-11 months) 6:00 My Parents & Me #1 (6-11 months)	8 1:00 Mami & Yo #5 (12-17 months) 3:30 Mommy & Me #5 (12-17 months) 6:00 Preparación Parto #2	9	10
12 1:30 Mami & Yo #6 (3-5 meses) 3:30 Mami & Yo #6 (3-5 meses) 6:00 My Parents & Me #2 (3-5 months)	13 9:30 Mami & Yo #6 (6-11 meses) <u>Costa Mesa FRC</u> 1:00 Mami & Yo #6 (12-17 meses) 6:00 Prenatal #2 6:00 Lactancia #2	14 3:00 Mommy & Me #6 (6-11 months) 6:00 My Parents & Me #2 (6-11 months)	15 10:00 Lactancia #1 <i>Childcare Provided</i> 1:00 Mami & Yo #6 (12-17 months) 3:30 Mommy & Me #6 (12-17 months)	16 9:30 Mami & Yo #5 (12-17 meses) 10:00 Grupo de apoyo Lactancia 1:30 Mami & Yo #5 (6-11 months)	17
19 1:30 Mami & Yo #7 (3-5 meses) 3:30 Mami & Yo #7 (3-5 meses) 6:00 My Parents & Me #3 (3-5 months)	20 9:30 Mami & Yo #7 (6-11 meses) <u>Costa Mesa FRC</u> 1:00 Mami & Yo #7 (12-17 meses) 6:00 Prenatal #3	21 3:00 Mommy & Me #7 (6-11 months) 6:00 My Parents & Me #3 (6-11 months)	22 10:00 Lactancia #2 <i>Childcare Provided</i> 1:00 Mami & Yo #7 (12-17 months) 3:30 Mommy & Me #7 (12-17 months) 6:00 Preparación Parto #3	23 9:30 Mami & Yo #6 (12-17 meses) 10:00 Grupo de apoyo Lactancia 1:30 Mami & Yo #6 (6-11 months)	24 Breast Milk Drive 11:00am – 2:00pm
26 1:30 Mami & Yo #4 (3-5 meses) 3:30 Mami & Yo #4 (3-5 meses) 6:00 My Parents & Me #4 (3-5 months)	27 9:30 Mami & Yo #8 (6-11 meses) <u>Costa Mesa FRC</u> 1:00 Mami & Yo #8 (12-17 meses) 6:30 Taller para Papás	28 3:00 Mommy & Me #8 (6-11 months) 6:00 My Parents & Me #4 (6-11 months)	29 1:00 Mami & Yo #8 (12-17 months) 3:30 Mommy & Me #8 (12-17 months) 6:00 Preparación Parto #4 & Family Planning	30 9:30 Mami & Yo #6 (12-17 meses) 10:00 Grupo de apoyo Lactancia 1:30 Mami & Yo #6 (6-11 months)	31



Education Department – Class Descriptions

Martha

Class	# of Classes	Length/Class	Location	Childcare
Breastfeeding	2	2 hours	MOMS / AM	YES
Breastfeeding	2	2 hours	MOMS / PM	No
Breastfeeding	1	2.5 hours	Downtown Anaheim Community Center 250. E. Center St. (every other month)	No
Breastfeeding	1	2.5 hours	Camino Health Center 30300 Camino Capistrano, SJ Capistrano	No

Gaby

Class	# of Classes	Length/Class	Location	Childcare
Mommy & Me	8	1.5 hours	MOMS	No
My Parents & Me	4	1.5 hours	MOMS	No
Mommy & Me Outside Locations	8	1.5 hours	Downtown Anaheim Community Center 250. E. Center St.	No
			Ponderosa FRC, 320 E. Orangewood Ave. Anaheim	No
			Haskett Library, 2650 W Broadway, Anaheim	No
			Miraloma FRC, 2600 E Miraloma Way, Anaheim, CA 92806	No
			Costa Mesa FRC, 307 Placentia Ave., Suite 203, Newport Beach	No
			Westminster FRC, 7200 Plaza St.	No
			WIC / Stanton, 12600 Beach Blvd A1	No
			WIC / Santa Ana, 1134 E. 17 th Street	No

Juan

Class	# of Classes	Length/Class	Location	Childcare
Prenatal	3	2 hours	MOMS	No
Childbirth Preparation	4	2 hours	MOMS	No
Childbirth Preparation	1	6 hours	MOMS / Saturday	No
Childbirth Preparation	4	2 hours	Downtown Anaheim Community Center 250. E. Center St	No
Childbirth Preparation	4	2 hours	Costa Mesa FRC, 307 Placentia Ave., Suite 203, Newport Beach (every other month)	No
Taller Para Papás	1	3 hours	MOMS / PM	No