



SEPTEMBER, 2022 – VIRTUAL & FACE 2 FACE CLASSES

For more information and registration call | Judith 714.352.3400

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5 Labor Day—Office Closed	6 1:00 Mami y Yo #1 (6-11 meses) 6:30 Mi Familia & Yo #1 (6-11 meses)	7 9:30 Mommy & Me #1 (6-11 months) 1:00 Mami y Yo #1 (12-17 months) 3:00 Mujer Sana #1 3:00 Healthy Woman #1	8 1:00 Mami y Yo #1 (6-11 meses) 6:00 Preparándome para la Maternidad (ROSE) #1 6:00 Childbirth Prep #1 6:30 My Family & Me #1 (6-11 months) 6:30 Fathers Workshop #1	9
12 10:00 Grupo de apoyo Pos-Parto #1 10:00 Mommy & Me #1 (6-11 months) 1:00 Mami & Yo #1 (3-5 meses)	13 1:00 Mami y Yo #2 (6-11 meses) 6:00 Breastfeeding #1 6:30 Mi Familia & Yo #2 (6-11 meses)	14 9:30 Mommy & Me #2 (6-11 months) 1:00 Mami y Yo #2 (12-17 months) 3:00 Mujer Sana #2 3:00 Healthy Woman #2	15 1:00 Mami y Yo #2 (6-11 meses) 6:00 Preparándome para la Maternidad (ROSE) #2 6:00 Childbirth Prep #2 6:30 My Family & Me #2 (6-11 months) 6:30 Fathers Workshop #2	16
19 10:00 Grupo de apoyo Pos-Parto #2 10:00 Mommy & Me #2 (6-11 months) 1:00 Mami & Yo #2 (3-5 meses)	20 1:00 Mami y Yo #3 (6-11 meses) 6:00 Lactancia Materna #1 6:00 Breastfeeding #2 6:30 Mi Familia & Yo #3 (6-11 meses)	21 9:30 Mommy & Me (6-11 months)-- Cancelled for 30th Anniversary Event 1:00 Mami y Yo (12-17 months)-- Cancelled for 30th Anniversary Event 3:00 Mujer Sana #3 3:00 Healthy Woman #3	22 1:00 Mami y Yo #3 (6-11 meses) 6:00 Preparándome para la Maternidad (ROSE) #3 6:00 Childbirth Prep #3 6:30 My Family & Me #3 (6-11 months) 6:30 Fathers Workshop #3	23
26 10:00 Grupo de Apoyo Pos-parto #3 10:00 Mommy & Me #3 (6-11 months) 1:00 Mami & Yo #3 (3-5 meses)	27 1:00 Mami y Yo #4 (6-11 meses) 6:00 Lactancia Materna #2 6:30 Taller para Papás 6:30 Mi Familia & Yo #4 (6-11 meses)	28 9:30 Mommy & Me #3 (6-11 months) 1:00 Mami y Yo #3 (12-17 months) 3:00 Mujer Sana #4 3:00 Healthy Woman #4	29 1:00 Mami y Yo #4 (6-11 meses) 6:00 Preparándome para la Maternidad (ROSE) #4 6:00 Childbirth Prep #4 6:30 My Family & Me #4 (6-11 months) 6:30 Fathers Workshop #4	30