

# October 31, 2022 - November 6, 2022

October 2022							November 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30			
30	31												

## Monday, October 31

**8:30am - 5:00pm Class Prep for November Classes** (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

## Tuesday, November 1

**1:00pm - 2:30pm Mami y Yo (6 -11 meses) Gabriela Velasco** (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

**2:00pm - 4:00pm Grupo de Apoyo Pos parto (Martha Arambula)** (Virtual)

**6:00pm - 8:00pm Breastfeeding (Diana Osorio)** (Virtual)

**6:30pm - 8:00pm My Family & Me (Bilingual SP/EN) 6-11 months (Gabriela Velasco)** (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

## Wednesday, November 2

**9:30am - 11:00am Mommy & Me (6-11 months) Gabriela Velasco** (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

**1:00pm - 2:30pm Mami y Yo (12 a 17 meses) Gabriela Velasco** (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

**3:00pm - 5:00pm Healthy Woman (Diana Osorio)** (Virtual)

**3:00pm - 5:00pm Mujer Sana (Martha Arambula)** (Virtual)

## Thursday, November 3

**9:30am - 11:00am Mami y Yo (6-11 meses) Gabriela Velasco** (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

**1:00pm - 2:30pm Mami y Yo (6-11 meses) Gabriela Velasco** (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

**6:00pm - 8:30pm Preparacion para el Parto (Diana Osorio)** (Virtual)

## Friday, November 4

## Saturday, November 5

## Sunday, November 6

# November 7, 2022 - November 13, 2022

November 2022							December 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5					1	2	3
6	7	8	9	10	11	12	4	5	6	7	8	9	10
13	14	15	16	17	18	19	11	12	13	14	15	16	17
20	21	22	23	24	25	26	18	19	20	21	22	23	24
27	28	29	30				25	26	27	28	29	30	31

## Monday, November 7

- 10:00am - 11:30am Mommy & Me (6-11 months) Gabriela Velasco
- 1:00pm - 2:30pm Mami y Yo (3-5 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

## Tuesday, November 8

- 1:00pm - 2:30pm Mami y Yo (6 -11 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 2:00pm - 4:00pm Grupo de Apoyo Pos parto (Martha Arambula) (Virtual)
- 6:00pm - 8:00pm Breastfeeding (Diana Osorio) (Virtual)
- 6:00pm - 8:00pm Lactancia Materna (Martha Arambula) (Virtual)
- 6:30pm - 8:00pm My Family & Me (Bilingual SP/EN) 6-11 months (Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

## Wednesday, November 9

- 9:30am - 11:00am Mommy & Me (6-11 months) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 1:00pm - 2:30pm Mami y Yo (12 a 17 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 3:00pm - 5:00pm Healthy Woman (Diana Osorio) (Virtual)
- 3:00pm - 5:00pm Mujer Sana (Martha Arambula) (Virtual)

## Thursday, November 10

- 9:30am - 11:00am Mami y Yo (6-11 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 1:00pm - 2:30pm Mami y Yo (6-11 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 6:00pm - 8:30pm Preparacion para el Parto (Diana Osorio) (Virtual)

## Friday, November 11

## Saturday, November 12

## Sunday, November 13

# November 14, 2022 - November 20, 2022

November 2022							December 2022							
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	
			1	2	3	4	5					1	2	3
6	7	8	9	10	11	12	4	5	6	7	8	9	10	
13	14	15	16	17	18	19	11	12	13	14	15	16	17	
20	21	22	23	24	25	26	18	19	20	21	22	23	24	
27	28	29	30				25	26	27	28	29	30	31	

## Monday, November 14

- 10:00am - 11:30am Mommy & Me (6-11 months) Gabriela Velasco
- 1:00pm - 2:30pm Mami y Yo (3-5 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

## Tuesday, November 15

- 1:00pm - 2:30pm Mami y Yo (6 -11 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 2:00pm - 4:00pm Grupo de Apoyo Pos parto (Martha Arambula) (Virtual)
- 6:00pm - 8:00pm Lactancia Materna (Martha Arambula) (Virtual)
- 6:30pm - 8:00pm My Family & Me (Bilingual SP/EN) 6-11 months (Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

## Wednesday, November 16

- 9:30am - 11:00am Mommy & Me (6-11 months) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 1:00pm - 2:30pm Mami y Yo (12 a 17 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 3:00pm - 5:00pm Healthy Woman (Diana Osorio) (Virtual)
- 3:00pm - 5:00pm Mujer Sana (Martha Arambula) (Virtual)

## Thursday, November 17

- 9:30am - 11:00am Mami y Yo (6-11 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 1:00pm - 2:30pm Mami y Yo (6-11 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education
- 6:00pm - 8:30pm Preparacion para el Parto (Diana Osorio) (Virtual)

## Friday, November 18



## Saturday, November 19

## Sunday, November 20




# November 21, 2022 - November 27, 2022

November 2022							December 2022							
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	
			1	2	3	4	5					1	2	3
6	7	8	9	10	11	12	4	5	6	7	8	9	10	
13	14	15	16	17	18	19	11	12	13	14	15	16	17	
20	21	22	23	24	25	26	18	19	20	21	22	23	24	
27	28	29	30				25	26	27	28	29	30	31	

## Monday, November 21

- 10:00am - 11:30am Mommy & Me (6-11 months) Gabriela Velasco 
- 1:00pm - 2:30pm Mami y Yo (3-5 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education 

## Tuesday, November 22

- 1:00pm - 2:30pm Mami y Yo (6 -11 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education 
- 2:00pm - 4:00pm Grupo de Apoyo Pos parto (Martha Arambula) (Virtual) 
- 6:30pm - 8:00pm My Family & Me (Bilingual SP/EN) 6-11 months (Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education 

## Wednesday, November 23

- 3:00pm - 5:00pm Healthy Woman (Diana Osorio) (Virtual) 

## Thursday, November 24

- 8:30am - 5:00pm Thanksgiving Holiday (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States)) - Health Education

## Friday, November 25

## Saturday, November 26

## Sunday, November 27

# November 28, 2022 - December 4, 2022



November 2022

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2022




Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## Monday, November 28



- 10:00am - 11:30am Mommy & Me (6-11 months) Gabriela Velasco**  

- 1:00pm - 2:30pm Mami y Yo (3-5 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States))**  
- Health Education 

## Tuesday, November 29

## Wednesday, November 30

- 8:30am - 5:00pm Prepping for Dec. Classes (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States))** - Health Education
- 9:30am - 11:00am Mommy & Me (6-11 months) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States))** - Health Education 
- 1:00pm - 2:30pm Mami y Yo (12 a 17 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States))** - Health Education 
- 3:00pm - 5:00pm Mujer Sana (Martha Arambula) (Virtual)** 

## Thursday, December 1

- 9:30am - 11:00am Mommy & Me (12 to 17 months) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States))** - Health Education 
- 1:00pm - 2:30pm Mami y Yo (6- 11 meses) Gabriela Velasco (MOMS Orange County (1128 W Santa Ana Blvd, Santa Ana, CA, United States))** - Health Education 

## Friday, December 2

## Saturday, December 3

## Sunday, December 4