



Resources to Support Families

Resource	Support and How to Access
Support with Essentials	
Office of Immigrant and Refugee Affairs	Central hub for connecting immigrants and refugees to cash assistance, housing navigation, employment, food, and mental health services. Phone number: 1 (800) 564-8448
Coalition for Humane Immigrant Rights (CHIRLA)	Financial assistance and emergency funds for undocumented and mixed-status families. Website: https://www.chirla.org/resources/all-resources/
2-1-1 OC	Free and confidential service helps you find health and human services resources, including food, housing, mental health, etc. Phone number: 2-1-1 Website: 211OC.org

Aquí Para la Comunidad	Confidential support and free grocery and essential items drop-off. English request form: http://bit.ly/40YoWgQ Instagram: @aquiparalacomunidad
Por mi comunidad OC	Contact via Instagram direct message for confidential support and grocery and essential items drop-off. Instagram: @pormicomunidadoc
Immigrant Legal Resource Center Family Preparedness Plan	A toolkit with guidance for families to prepare for potential emergencies. It details options for childcare in an absent-parent scenario, how to find reliable immigration services, and steps to prepare to assert your constitutional rights. Download a printable version: HERE Or at this site: https://bit.ly/3HCcdK7
Legal and Immigration Support	
Public Law Center	Free service helps low-income Orange County residents with immigration relief and deportation defense. Website: https://www.publiclawcenter.org/immigration/ Phone: (714)541-1010 ext 332

Esperanza Immigrant Rights Project	Free legal representation for immigrants, focusing on children and families. Website: https://www.esperanza-la.org/programs-direct-rep-program Phone: (213)534-7594
National Immigration Legal Services	The directory features nonprofits that offer free or low-cost services. Website: https://www.immigrationadvocates.org/legaldirectory/
Immigration Legal Resource Center (ILRC) - Know Your Rights (Red Card)	Red cards explain how everyone in the U.S., regardless of immigration status, can exercise their constitutional rights. Website: https://www.ilrc.org/red-cards-tarjetas-rojas
California Embassy Offices	Free support for emergencies, legal aid, and travel documents, including assistance with arrests or detentions, repatriation, and passports or visas. Website California (A-L): https://advocacy.calchamber.com/international/resources/foreign-consuls-a-l/ Website California (M-Z): https://advocacy.calchamber.com/international/resources/foreign-consuls-m-w/

Mental Health and Wellness

Soluna Health App

Free digital mental health support for teens and young adults (ages 13–25) through an app. It offers self-guided tools, peer support, and one-on-one professional help—all at no cost, with no insurance required.

Soluna Health App Website: www.solunaapp.com/

BrightLife Kids

Free live sessions, video calls, chat, and on-demand support for kids ages 0–12. Services can be used at home and are no cost (no insurance needed).

BrightLife Kids

Website: <https://www.hellobrightline.com/brightlifekids/>

Phone Number: 1 (888) 275-5357

OC WarmLine

Free, confidential 24/7 phone line offering emotional support and resources for Orange County residents. **Call 911 or go to the nearest hospital for emergencies.**

Website: www.connect-oc.org

OC Links

OC Links connects you with a trained Navigator who can guide you to a wide range of behavioral health services, including mental health and family support.

Website: OChealthinfo.com

Phone Number: (855) 625-4657

Frequently Asked Questions

OCDE Immigration Resources: <https://ocde.us/Superintendent/Pages/Immigration-Resources.aspx>

Do Orange County school districts ask for information on families' immigration status?

By law, schools and districts do not collect or maintain information about a student's or family's immigration status.

Do Orange County school districts coordinate with Immigration and Customs Enforcement (ICE)?

Schools and districts do not coordinate with ICE regarding immigration enforcement.

Will Orange County school districts share student records with ICE? If so, under what circumstances?

Student records are protected by federal and state privacy laws and cannot be shared with ICE without a court order or the explicit consent of a parent or guardian, except in limited legal circumstances.

Will Orange County school districts allow ICE to enter district facilities? If so, under what circumstances?

Under state law, immigration enforcement actions on school grounds are generally prohibited unless ICE presents a judicial warrant or meets specific legal criteria. Even in such cases, schools and districts are committed to following legal protocols to prioritize the safety and well-being of students and staff.